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Sex Object: A Memoir

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Synopsis

New York Times Bestseller | Sharp and prescient | The appeal of Valenti’s memoir lies in her ability to trace objectification through her own life, and to trace what was for a long time her own obliviousness to it | Sex Object is an antidote to the fun and flirty feminism of selfies and self-help. | Hailed by the Washington Post as one of the most visible and successful feminists of her generation, Jessica Valenti has been leading the national conversation on gender and politics for over a decade. Now, in a memoir that Publishers Weekly calls bold and unflinching, Valenti explores the toll that sexism takes on women’s lives, from the everyday to the existential. From subway gropings and imposter syndrome to sexual awakenings and motherhood, Sex Object reveals the painful, embarrassing, and sometimes illegal moments that shaped Valenti’s adolescence and young adulthood in New York City. In the tradition of writers like Joan Didion and Mary Karr, Sex Object is a profoundly moving tour de force that is bound to shock those already familiar with Valenti’s work, and enthrall those who are just finding it.

Book Information

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Customer Reviews

This is a remarkable memoir. She could have made herself sound a lot neater, a lot tidier, and made the whole thing more comfortable. This is a messy, raw, real, honest book. This is not a memoir composed of either self-mythologizing or pat storytelling. In fact, it is as little about the author herself as a memoir of its kind can be. Rather, it is a memoir about how the personal is political, one that is
grounded in a sometimes startlingly unvarnished honesty about the personal. It's about sex and sexuality, about women in the world and the things that go unsaid about that experience, and about a lot of other things, too. I've read her other books and her columns appear in my social media feeds and I'm a fan. But this is something else, something deeper, more unsettling and engaging than anything that has come before. This is an important book.

Jessica is one of the most relevant and poignant writers of our time. Her ability to portray, in words, the experience of countless women in our society, is appreciated and a breath of fresh air. The truth needs to be told. Experiences deserve to be heard. And feelings deserve to be addressed. I hope that Sex Object will give validation to the feelings of women the world over, and provide impact in the fight against rape culture.

Couldn’t put it down. Valenti’s reflections are raw and unflinching, and she resists easy answers. What emerges is a powerful portrait of one woman’s path toward transcendence in a world that hates and objectifies women at every turn.

Read this book. Valenti’s words could not come at a better time. As I write this Brock Turner has just been given a paltry six months in jail, Trump has accused HRC of playing “the woman card,” and Fox has a billboards up across the country of Jennifer Lawrence being strangled to promote a movie. Sex Object explores the ways in which being female in the United States is exhausting, the toll of the constant barrage of patriarchy, sexism, and inequity, from the personal to the systemic. Valenti bravely excavates her own experiences to offer us a map so that we might do the same with our own.

I’ve been a fan of Jess’ books for a while, so I was so excited when this one came out. More than any of her other titles, however, this one feels the most personal and the most important. She is speaking about herself, of course, but she’s also helping to give a voice to so many young girls today. She puts into words so beautifully many of the feelings I’ve had as a young woman, and I enjoyed hearing about her path to becoming an author, as well. It’s an enjoyable read and touches on a lot of important topics, so it will make you think and ruminate, like any good memoir does. And I’m a sucker for a good memoir.

Jassica Valenti writes about the life long effect of Sexism on women. How it hurts are hearts, minds,
souls, and of course our bodies. We are the ones who must "cover up" our bodies so as not to arouse men. Mz. Valenti is courageous in writing this book. Should be required reading for ALL teenagers, girls as well as boys.

I love Jessica’s writing and own almost every book she has written. The first book I read that she wrote was Full Frontal Feminism and it was during my 1st year of College. I was inspired to read it after taking a Women in American History class and having a total shift in the way I viewed womanhood. Each book Jessica writes is more insightful and excellent than the one before, if that’s possible. This one is no exception. I credit Jessica to teaching me an extraordinary amount about navigating life as a teenage girl and woman. I sometimes have a hard time reading a lot of the content that she covers in the book, but it really is worth it. It’s simply a reminder of situations I have also experienced. I’m really excited to get through this book entirely and be able to expand on my review. So far, it is amazing.

Jessica Valenti has long been one of my favorite writers but this book tops everything she’s written. Her honesty throughout this book was courageous and inspiring. This should be required reading for every woman!

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