This book is about enlightenment, spiritual awakening, self realization, meditation, awareness, consciousness, happiness, love, relationships, psychological suffering and human predicament. Based largely on actual dialogues between Francis Lucille, a spiritual teacher of non-duality, and some of his disciples, the music of freedom that it conveys resonates between the words, and gives the reader an inkling of the peace and happiness that are experienced in the presence of an authentic master. Francis Lucille was for over twenty years a close friend and disciple of Jean Klein, a well recognized French teacher of non-duality. They both belong to a lineage of Advaita Vedanta teachers stemming from India. (Advaita Vedanta is the main nondualist Hindu spiritual tradition). Jean Klein's guru, Pandit Veeraraghavachar, was a Professor at the Sanskrit College in Bengalore. Their teachings, despite some superficial similarities, are quite different from those of most contemporary western neo Advaita teachers. They emphasize for instance the importance of the direct transmission from guru to disciple, through presence, beyond words, and they recognize that the same universal truth was expressed by various saints, philosophers and teachers throughout history and across the world. That which matters here is not the form of the teaching, direct or gradual for instance, as much as the authenticity of the teacher, the vibrancy of his realization, the outpouring of his love, the freedom of his humour, the brilliancy of his intelligence, the splendor of his poetry, the spontaneous sharing of his peace. Nonduality is the common ground of Buddhism (especially Zen and Dzogchen), Advaita, Sufism, Taoism, the Kabbalah, the Gnosis and the teachings of Jesus in the Thomas Gospel, the teachings of Parmenides, Plotinus, Gaudapada, Abinavagupta, Meister Eckhart, Ramana Maharshi, Atmananda Krishna Menon, Ananda Mai and many others.
Francis Lucille is very clear; I have appreciated all of his books. I particularly liked "Eternity Now."
There was a line in the book which instigated a deep change in old patterning for me.

Few authors or thinkers - in any area of thought - are as clear and down-to-earth as Francis Lucille. Eternity Now is no exception: in a simple, straightforward dialogue, the author answers the questions that most naturally come to mind about consciousness, enlightenment, and how to relate to the universe in which we (appear to) find ourselves. His answers are precise and confident, tethered tightly to reality and at the same time easily addressing the most far-reaching questions. His background in mathematics and science, and his no nonsense approach make him a logical choice for modern people open minded enough to question, and rigorous enough to understand.

Francis Lucille is one of the preeminent modern nonduality teachers. In this book, he gives clear, contemporary explanations and pointers that are perfect for the Western student. I also have Stillness Speaks 5 DVD set, which is superb. I feel his own nondual realization is of the highest. He’s consistently expresses universal love and equality.

Francis Lucille is the teacher of Rupert Spira. Rupert Spira’s videos and writings were my introduction to Advaita. Upon learning of Francis Lucille I also watched his videos which I appreciated very much. This book was my first from Lucille and it did not disappoint addressing many questions that I have had in a very straightforward manner.

One of the best books in the direct path teachings.

I’ve been watching Francis’s webcast on and off for a few yrs. Reading the book, which consists of his dialogues, brings me great peace. It offers some very clear n direct non dual teachings as well.