Magical Mandalas Beautiful Coloring Book For Adults (Maya's Mandalas) (Volume 1)
Synopsis

Are you one of the many adults who enjoy coloring to relieve stress, clear your mind, and relax? Join the adult coloring craze with this beautiful mandala coloring book made by an artist who also loves to color. Maya Rose is an accomplished illustrator and a coloring enthusiast who has created the original, beautiful images in this coloring book specifically for other adults who love to relax and color. Why color Mandalas? Mandalas are spiritual and ritual symbol in Hinduism and Buddhism, representing the Universe. In various spiritual traditions, mandalas may be employed for focusing attention of practitioners and adepts, as a spiritual guidance tool, for establishing a sacred space, and as an aid to meditation and trance induction. Mandalas are commonly used by tantric Buddhists as an aid to meditation.

Book Information

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Product Dimensions: 8.5 x 0.1 x 8.5 inches
Shipping Weight: 5 ounces (View shipping rates and policies)
Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (1 customer review)
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