From One Single Mother To Another: Heart-Lifting Encouragement And Practical Advice
Synopsis

One of the world's greatest mission fields is often in the pew each Sunday morning—the single-parent family. With a population of more than 12.5 million, this group is looking for the encouragement and hope that veteran single parents, such as author Sandra Aldrich, can offer. Sandra presents practical advice, personal experiences, encouraging anecdotes, and the occasional chuckle in her popular conversational style. Each chapter begins with appropriate Scripture and ends with a question for personal reflection or group discussion. Sandra succeeds in setting the record straight that single-parent homes are not "broken homes."

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Customer Reviews

From One Single Mother to Another is written by Sandra P. Aldrich. In the short space of thirteen chapters she describes from the sudden death of her husband up to her children being grown the trials and joys of Christian single parenting. Her writing is down to earth and full of wit and wisdom acquired only through experience. It is written one to one. It is written for the single parent, not for an organization. It’s intent is to encourage single parents that the task is possible. One thing she
taught her children that stood out to me, another single parent, is this: Single parent families are still a family. They are just smaller by the loss of a parent. She also states her pet peeve, that single parent families are "broken homes". She knows from experience that with God’s help and lots of personal effort our homes are healed. As a single parent of many years I say a hearty Thank You! to Ms. Aldrich for her frank, compassionate, and sometimes humorous advice for single parents.

From One Single Mother To Another is a warm, intimate book that begs to be read by every single mother out there. It’s no coincidence that the cover features two tea cups since Sandra’s style is very much that of two friends chatting over afternoon tea. I appreciate Sandra’s open style, her vulnerability, and her practicality. There is so much spiritual wisdom packed into this book. Whether you are a raising your children on your own due to death, divorce, or some other life choice, this book can help you sort through the issues from parenting to finances, and more.

I have days when I really get frustrated, when I’m losing it, when I wonder if I’ll ever have what it takes to be a good mom! Plus, I have to be the dad around here, too! Sometimes it’s all too much. I enjoyed reading this book because the author is older and has been through a lot more life experiences than I have. She has survived her traumas and come through it with joy and wisdom. I admire that. One thing to be aware of: This author is a widow, not divorced. Her experience with being a single parent followed the death of her husband, not being abandoned through divorce. Parenting is still parenting, but be aware that her experience is about widowhood. This wise woman has a lot to share with all of us, and it’s good.

Lauren Hodges, Apple Valley, CA

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- The Single Parent Dating Solution: A Guide Through Roadblocks In Dating And Romance While Single Parenting (Single Parenting For Mothers, Dating Advice For Women)
- Heavy Lifting: Grow Up, Get a Job, Raise a Family, and Other Manly Advice Letters to Young Black Men: Advice and Encouragement for a Difficult Journey