Motivate Your Child: How To Release Your Child's Inner Drive And Help Them Succeed In Life: A Parents Guide To Raising Kids, Inspire Them, Student Success ... Engaged) (Life Psychology Series Book 1)
Motivate Your Child

How to release your child’s inner drive and help them succeed in life

Part of the Life Psychology Series, books written by Psychologists who have practical experience, bringing together the latest thinking and practice in a simple and easy to read format aimed at people who need a simple but effective guide for addressing their problems. Do you have a child who is lacking in motivation, listless and purposeless? Are they unhappy and you/they don’t know why? They make very little effort in any of their hobbies or interests or don’t have any? They are not doing well as school? How can we get our children to engage with life? To strive to achieve their hidden hopes and dreams? It is what every parent wants for their children, to use all their potential and have a fulfilling and positive life. The reality for many parents in this modern world of mobile phones, social media and computer games can seem very different with parents fighting a losing battle to help their children get off the sofa and push themselves a little bit to follow what they really want deep down. This guide written with practical experience of what actually works will help you, incorporating the latest thinking in motivation and covering all the key years from very young children to young adults (and beyond!).

Reconnect with your children, understand what drives them and help them be who they really can be. Motivate Your Child examines how parents can help a child become more motivated, it covers three main age ranges from young children, to teenagers and then young adults. It challenges some of the traditional thinking regarding motivation, that rewards can actually be damaging to motivation and that there may be better long term ways to tap into a child’s own internal motivation.

What others say about Motivate Your Child:

“Our young child became very dependent on rewards to do anything and expected rewards for everything, this book helped us realise there are better ways to motivate our child”

“A great book, linking theory to daily examples and a useful summary at the end of each chapter, it is hard to motivate a teenager but this book actually helped them to motivate themselves”

“Our son was playing computer games all the time and had no interest in school or extra curricular activities, we were worried, it’s not easy getting them to understand their own motivation especially when competing with his games, but it helped us definitely get him moving again and making more effort in other parts of his life.”

“A good review of modern and compassionate thinking for motivating children through the various ages, with the theory wrapped up with some practical examples and how to’s”

“Really struggled with one of my children who seemed so listless, it gave me some great insight and I really started to make some headway with getting them to want to do things instead of me just telling them”

“An excellent and practical guide, it’s not easy but I really did start to understand what motivated my different children and it wasn’t always the same thing!”
This book covers what parents should and could do to help their children succeed, from their baby years to young adults, which is a long process. Obviously, what happens in a kid’s childhood will affect his/her entire life. Therefore, motivating your child should start when he/she is still a little baby. How to identify whether the kid is highly or lower motivated? How to find out his/ her strengths? How to reward the kid wisely? How to handle the teens? How to motivate the young adults? The answers to all above questions are available in this book. Each stage in a child’s growth requires different motivating methods. It is not an easy task for parents to bring up the children to good adults. This book is to help parents with that sacred duty. I learn a lot from it.

Did anyone really read this? The introduction is filled with half formed thoughts and non-sense. Did they send the draft to the publisher instead of the final version? Not sure what happened here, but I prefer to spend my time and money on complete thoughts and fully edited works.
Books like this really worth my time. I have 1 year old son and I know I’m too early for this but I need to prepare. As a parent we play the most important role in our child’s life and motivating them is one of our duties. The book introduced different ways on motivating children simple but I think really effective. It also discussed how to know the root of a child’s problem when it comes to presenting their self to others and self-esteem issue. This book really gave a big impact making me understand parenting more.

This book has given some great tips on rewarding children. We have fallen guilty of buying presents as a reward which after a while loses its affect. Although it is obvious now, it was not until this book spelt it out for us that one of the best rewards is the emotional reward of praise.

This was an interesting book on how to motivate your child. It does have many helpful ideas on how to help your child be motivated, there were many things that I did not agree with. You can tell the author is very passionate about this subject. Some of her ideas probably work well, but they aren’t going to work for every child. You as the parent need to try different things to figure out what works for your child. Use this book as a reference; a guide if you will to help you with some ideas to motivate your child to do well in every situation.

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