A Father's Guide To Raising Daughters: How To Boost Her Self-Esteem, Self-Image And Self-Respect

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Synopsis

"This book made me rethink what it means to be a father" (Steve Windsor, bestselling author). Want conversations with your daughter to go easier? Raising a daughter can be pretty tough. Girls don’t exactly come with instructions. What do you say? How can you relate? The good news is parenthood doesn’t have to be so hard. This book has helped 100’s of dads learn how to talk to their daughters in a way that boosts her self-esteem. Inside this book, you’ll learn these 3 principles: The truth about fatherhood no one talks about. How to talk to your daughter so she’ll listen every time. Parenting techniques that could have other dads coming to you for advice. Stop trying to figure out what to say next. Use this book to guide you. Build a better relationship with your daughter. Enjoy her company. And have more fun together. Get your copy today.

Book Information

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Customer Reviews

Wow. I am blown away by the wisdom and encouragement in this book! I found myself wondering
what it would have been like to have had a dad this involved when I was a young girl - and wishing
that all dads of daughters would read and heed the message that Michael brings! I couldn’t put this
book down - it was captivating start to finish. From a dad to other dads - this is practical, doable
advice to make a big impact in both the present and future of your daughters. You can do this! And
our world will be all the better for it. As a grown up woman who was once a little girl - I can assure
you that the advice and encouragement he gives will make a world of difference in the relationship
with your daughter (or granddaughter). Thank you, Michael - I am beyond happy to see this type of
'rubber meets the road' coaching in printed form. Dads - do yourself and your daughters a huge
favor - buy this book!

This book clearly instructs dad’s on the strong principles that a daughter and father relationship
is to be based on. In this book’s Guide to Raising Daughter’s, Michael Wilkinson delivers the real lessons that every father needs to know to raise a healthy, happy and loving daughter. This book will give you life enhancing principles such as: how to have fun with your daughter, how to build your daughter’s confidence in 10 ways; Showing her the value of respect and why it is critical to her sense of self-worth and esteem; 3 ways to teach your daughter empathy; 7 ways to get your daughter to listen to you; How to be a good listener and communicator, and to avoid interrogating; turn criticisms to compliments; By being present and in her life, you are setting the foundation for a life of emotional stability with your daughter; the warning signs that she has a low self-image; Teaching your daughter to achieve success through perseverance; 7 ways to overcome adversity! This book is not only jam-packed with practical suggestions and tips but, a lot of the research comes form real-life scenarios and stories of people as they experience life raising their daughters. For father’s who are raising daughters, and are looking for a down-to-earth, practical and inspirational source material based on real accounts of how to connect with daughters, this is the book you want. Guide To Raising Daughter’s is fantastic in that it covers the real dilemmas and triumphs of being a dad in a little girl’s world as she experiences everyday living. If you are serious about your daughter’s welfare, I’d recommend this book to anyone looking to “reconnect with the little girl at home.”

This is one of those books that every father should own. Period. Michael’s book is a treasure for
dads and daughters. As a father of girls, I could relate to everything he wrote. I found myself
nodding and patting my back in some sections and furiously taking notes on what I need to do in
other sections. His passion for the dad–daughter relationship is evident as he not only shares his
own advice and wisdom, but also the words and insight from others. If you are a father with a daughter, you need to read this book!

This book was helpful to me not as a dad but as an Uncle. I got stuck in an airport and decided to pick this up because it was affordable. I am "Uncle" to lots of kids. Friends’ kids and my own siblings. Nieces and Nephews alike. As an Uncle I often don’t know how to answer questions from 7year olds. I don’t want to step on her parents toes. I want to be a good Uncle and here is a sample of what I learned as a guy with no kids of his own. They lose an opportunity to learn and advance if you don’t let them fail sometimes. One thing that has been hard for me was knowing if I should cast down some wisdom, or let her figure it out on her own. It was helpful to me hearing what a dad had to say. "Kill negative thoughts...it’s not enough to have her just think rainbows and butterflies all day long.” That makes sense, keep realistic, but still positive.

This is a great resource; not only for fathers but for parents. The author goes into a much needed topic in the age of social media, societal pressures, and day to day parenting. This book is a great conversation starter for use during parenting groups, men’s retreats, and individual personal improvement. The keys to helping caring fathers become better dads for their daughters is wrapped up in this timely book.

I chose to read this book to learn a little more about being a better parent and I actually received lessons on being a better person! You know how you get unexplainable chills when you hear an amazing singer sing an incredibly touching song? When that happens to me I like to think of it as experiencing a brief moment of God’s greatness shining through another human for my edification. I had several of those moments when reading the Father’s Guide to Raising Daughters. The author not only imparted helpful tips to increase our daughters’ self-esteem, self-image, and self-respect but he also explained (very profoundly) exactly why we as parents need to invest the time to build our children up and how we can improve ourselves in the process. I would recommend this book to all parents as the author’s advice is truly applicable to both Fathers and Mothers of male and female children.

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