Prostatectomy: One Patient's Experience, From Diagnosis, Through Surgery, To Recovery

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Men often learn that they may have prostate cancer after a routine blood test shows an increased level of something called Prostate Specific Antigen, or PSA. If this is happening to you, then you are starting on a long and complicated journey, as you try to deal with this illness. More tests, and biopsies perhaps, will be needed to confirm the presence of any cancer and its level of seriousness. You will then be bombarded with much medical information, plus a menu of various possible treatment methods. This isn’t just like fixing a broken leg; you will have to weigh the risks and benefits of different options, and then make your own decisions. I wrote this short book because I saw nothing quite like it when I was going through my own ordeal. Now, eight years after my prostatectomy, I wanted to let other men know what it felt like for me to go through the whole experience, why I chose surgery, and what happened during and after the operation. So, this isn’t a medical book. You won’t find charts, diagrams, or survival percentages. But I hope that you will learn enough to feel more confident in making your personal decisions. And I wish you the very best.

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